

LUNCH MENU

The FUTURE of
FOOD

WEEK COMMENCING: 18th September

MONDAY

Creamy Turkey & Vegetable Hot pot

Contains: Milk

Creamy vegetable & Quorn hot pot

Contains: Milk & Wheat

Green beans & Sweetcorn

TUESDAY

Grilled Cumberland sausages

Contains: Wheat

Vegetarian Glamorgan sausages

Contains: Wheat

Creamy Mash Potatoes

Contains: Milk

Yorkshire puddings

Contains: Milk, Wheat & Egg

Steamed Broccoli

WEDNESDAY

Roasted garlic & thyme Chicken thigh with chicken
gravy

Vegetarian toad in the whole

Contains: Milk & Wheat & Egg

Crispy herby potatoes

Carrots, peas & sweetcorn

THURSDAY

Beef Cottage pie

Contains: Milk

Vegetarian Scotch pie

Contains: Wheat, milk, egg, celery & soya

Glazed carrots & green beans

Steamed green beans

Broccoli florets

FRIDAY

Fish Fridays

Battered Fish of the day

Contains: Wheat & Fish

Vegetable patties

Contains: Egg & Wheat

Lightly spiced potato wedges

Baked beans and/or mushy buttery peas

Pudding of the week

Pupils choice

EVERYDAY

A selection of freshly made salads.

Mixed leaf, tomatoes, cucumber, carrots, mixed peppers &
grated cheese

Jacket potatoes & penne pasta

Freshly made-in-house bread

Soup of the Day

Yogurt pots, sultanas/raisins and banana chips

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE